

FOR ALL THOSE PARTICIPATING IN THE 33 DAY MARIAN CONSECRATION

PLEASE READ THIS FIRST

We, the Knights of Columbus Council 8520 Our Lady of Lourdes, of West Kelowna, BC, are offering the Marian Consecration according to the method set out by St. Louis-Marie de Montfort, and can be found in written form online. We are reaching out not just to our Brother Knights, but all Catholic men, and indeed all Catholics who feel drawn to this spiritual practice.

Marian Consecration involves striving to imitate Mary's virtues, such as humility, purity, and fidelity in order to bring us closer to Christ. Ultimately, the message of Mary is recorded in Scripture at the wedding feast at Cana, "Do whatever he tells you". We look to her, as the most perfect of God's created beings, as a model or template on how to draw closer in union with Christ, our Lord and Saviour.

The 33 days are broken into 4 phases:

12 DAY PREPARATION

This period consists of emptying oneself in penance from the spirit of the world to become more Christ centred. After a Scripture reading or passage from "The Imitation of Christ" by Thomas à Kempis, we pray the Veni Creator, the Ave Maris Stella, the Magnificat, and the Glory Be.

During this period, examine your conscience, seek the Sacrament of Reconciliation, and seek God's will. Cast off the spirit of the world, which is contrary to Christ.

After the preparation period, the next 21 days are broken into 1 week periods.

WEEK 1

We focus on humility. Our prayers are offered for the purpose of understanding our sins. We pray the Litany of the Holy Spirit, the Litany of Loreto, and the Ave Maris Stella.

WEEK 2

We ask the Holy Spirit's intervention to help us better understand the Blessed Virgin. We pray the Litany of the Holy Spirit, the Litany of Loreto, the Ave Maris Stella, the Prayer to Mary by St. Louis de Montfort, and the Holy Rosary.

WEEK 3

We look to better understand Christ through meditation. Our prayers will be the Litany of the Holy Spirit, the Ave Maris Stella, the Litany of the Holy Name of Jesus, the Prayer to Jesus by St. Louis de Montfort, and the prayer O Jesus Living in Mary.

IN PREPARATION FOR THE DAY OF CONSECRATION DECEMBER 12 - OUR LADY OF GUADALUPE

Fast, give alms, or offer a votive candle for the good of another - approach the consecration in a spirit of mortification.

Go to confession, if not possible on the day, then in the 8 days leading up to Dec. 12, then receive Communion at Mass.

Pray the words of Consecration - we have it as a separate PDF that you can print and bring with you to Mass. There is no one formula for the consecration prayer. We have included the original by St. Louis de Montfort translated to English, a modernized version if the older speech feels difficult for you, and also a Marian Consecration Prayer composed by St. Maximilian Kolbe. Choose any one of those, or spend time during the 33 days looking for an appropriate one.

AFTER THE CONSECRATION

- Stay deep in prayer - let this consecration help you into the habit of a daily rosary and daily Scripture meditation
- Maintain a special devotion to the Mystery of the Incarnation
- Get a Miraculous Medal, and have it blessed by your priest - learn about the reasons to wear it
- Grow closer in communion with Christ - attend weekday Masses when you can, and partake in Eucharistic Adoration
- For our Brother Knights or any Catholic in Kelowna, we are blessed with a perpetual adoration chapel at Immaculate Conception Parish - consider having a regular hour on the schedule, or make yourself available for relief or fill in, especially for those early morning hours

Resources on Marian Consecration

www.quies.org

www.thedivinemercury.org

www.militiaoftheimmaculata.com

www.saintmaximilliankolbe.com

www.marian.org